

## Drive, Rhiwderin Heights, Bassaleg, Newport NP10 8JN

Tel: 01633 896101 Fax: 01633896367 email: Pentrepoeth.primary@newportschools.wales website: www.pentrepoethprimary.co.uk Headteacher: Dean Taylor B.A.(Hons), P.G.C.E., L.P.S.H. Deputy Headteacher: Richard Cleaves B.A. (Hons)

## Year 6 Cycling

**Dear Parent/Carer** 

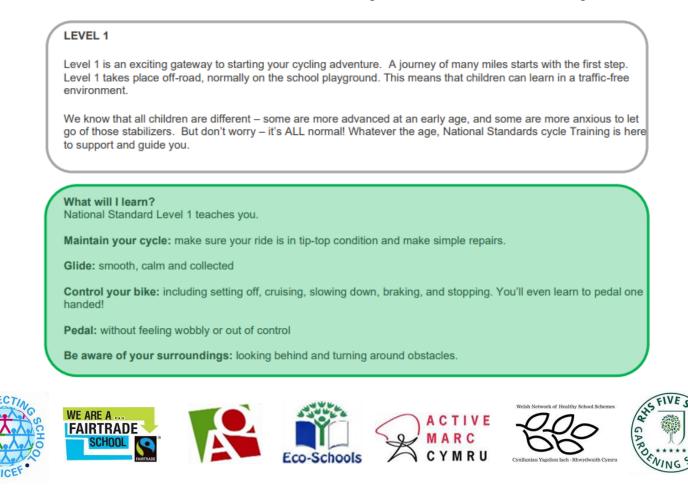
As you are aware, pupils will be completing their level 1 and 2 National Standards Cycle Training over the next two weeks. 6GS will be taking part next week (Week commencing 13/05/24) and Mrs Jones' class the following week (Week commencing 20/05/24)

Could we please remind pupils to dress for the weather. Pupils can wear PE kits to school Monday to Thursday and will also need to bring a spare change of clothes in case it rains. Pupils may need coats and gloves if wet/cold. We have been told by the instructors that pupils will still go out to train even if it's raining.

Most importantly pupils must have their cycle helmets with them. (Spare helmets will be available for children who do not have one)

Due to a lack of space, children will need to bring their bikes to and from school each day

Below is a reminder of what the children will be doing for their level 1 and 2 training



## LEVEL 2 (only If level 1 outcomes have been achieved)

Level 2 teaches children how to grow more confident with each turn of the pedal. Our expert instructors will lead riders onto quiet roads, to experience "real" cycling.

Most children take part in Level 2 at school during year 6. This is when they are between 10 and 11 years old.

Level 2 can feel like the biggest step for both you and your child – it's cycling on the actual road! But with our instructors on hand, your child will feel confident and safe in no time at all.

What will I learn? National Standards Level 2 teaches you.

Share the road with other vehicles.

Start and stop with more confidence.

Pass stationary vehicles parked on a road.

Understand the road: signals, signs, and road markings.

Negotiate the road: including quiet junctions, crossroads and depending on local road layouts - small roundabouts.











